



### **Coaching Disclaimer and Waiver**

I understand that the coaching services I will be receiving from my Coach are not offered as a substitute for professional mental health care or medical care and are not intended to diagnose, treat or cure any mental health or medical conditions. I also understand that my Coach is not acting as a mental health counselor or a medical professional. I understand that coaching is, at present, an unregulated industry and that my Coach is not licensed by the State of North Carolina. I also understand that for all legal purposes, the services provided by my Coach will be considered to be provided in the State of North Carolina.

I understand and agree that I am fully responsible for my well-being during my coaching sessions, and subsequently, including my choices and decisions. I understand that coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment, and I will not use it in place of any form of therapy.

I understand that all comments and ideas offered by my Coach are solely for the purpose of aiding me, or my organization, in achieving my/our defined goals. I have the ability to give my informed consent, and hereby give such consent to my coach to assist me/us in achieving such goals. I understand that to the extent our work together involves career or business, my Coach is not promising outcomes included but not limited to increased clientele, profitability and or business success.

I understand that an official contract of payment will be signed at a later date detailing rate of pay for my coaching. I am not required to sign that contract should I not desire services, but I DO agree to pay an initial intake fee as described below:

- Initial Intake Session Fee (Zoom, online, personal)
  - \$30.00
- Initial Intake Session Fee (In-person, office, personal)
  - \$55.00
- Initial Intake Session (Zoom, online, organization/business)
  - \$75.00
- Initial Intake Session (In-person, traveling, organization/business)
  - \$100.00, and reimbursement of gas and lodging.

I understand that should I not pay my life coach reserves the right to cancel all remaining sessions or to use prepaid funds/ credits on my account to reconcile any outstanding debt. I also understand that my Life Coach does have a Sliding-fee Scale and Pro bono policy in place, which is strictly at his discretion, but may be used due to financial difficulty upon request. I understand it is my responsibility to immediately speak to my Coach concerning any and all payment issues which may arise throughout the coaching process.

I understand that my Coach will protect my information as confidential unless I state otherwise in writing. If I report child, elder abuse or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement limited in this capacity. Furthermore, if my Coach is ordered by a court to provide information or to testify, he will do so to the extent the law requires.

I understand that my Coach is required by North Carolina law to report any and all cases of abuse (physical, mental, sexual, or otherwise) to local law enforcement, or to the law enforcement body in the jurisdiction you reside.

I understand that the use of technology is not always secure, and I accept the risks of confidentiality in the use of email, text, phone, Skype, Zoom and other technology and communication.

I hereby release, waive, acquit and forever discharge my Coach, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have arising out of acts or omissions by myself or by my Coach as a result of the advice given by my Coach or otherwise resulting from the coaching relationship contemplated by this agreement.

I further declare and represent that no promise, inducement or agreement not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind my heirs, executors, personal representatives, successors, assigns, and agents.

Name (Print): \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_